

# UW Medicine

## UW SCHOOL OF MEDICINE

DEPARTMENT OF  
FAMILY MEDICINE

We believe in the relentless pursuit of excellence.  
Our vision is to be the **Regional Leader** in  
providing a high quality, sustainable Healthcare  
Home in a **teaching**, growing environment.



## Rural Training Track

Columbia Valley Community Health has partnered with the University of Washington to offer a rural training track opportunity for physicians interested in practicing full-spectrum family medicine.

## Who We Are

Columbia Valley Community Health (CVCH) is a dynamic, progressive community health center with locations in Wenatchee, East Wenatchee and Chelan. CVCH is a modern, well-equipped community health center, with fully integrated EMR, and our services include Medical, Dental and Behavioral Health. We are early adopters of the Patient-Centered Medical Home Model, the integrated behavioral health model, and are accredited by the Joint Commission.

## New State of the Art Facility

The Columbia Valley Community Health clinic in Chelan is a freestanding 17,526 square foot facility which includes the clinic, faculty and resident offices, classrooms, library, dental services, behavioral health services, and WIC. The facility was constructed in 2017 and was designed with residents and teaching in mind. The clinic features 12 total exam rooms and one procedure room. Providers work in teams which include nurses, physician assistants, a dietician, and an integrated behavior health consultant.



## LCCH

Lake Chelan Community Hospital is a fully-accredited 25-bed Critical Access Hospital in Chelan, Washington. They offer a 24-hour emergency room, inpatient services, obstetrics including surgical OB, and upper and lower endoscopy all staffed by *experienced family physicians*. The hospital also offers orthopedic surgery, gynecologic surgery, general surgery and podiatry. There is a 13-bed dual diagnosis inpatient treatment facility for patients struggling with addiction and mental health conditions with a full time psychiatrist and two psychologists. Rehabilitative therapy and behavioral care clinics are located at the hospital.



Art rendering of the new hospital set to open in 2020.

# Procedures

Procedures performed on-site at CVCH include: colposcopies, obstetric ultrasound, skin biopsies and excisions, toenail removal, casting, splinting, vasectomy, endometrial biopsy, Nexplanon insertion, and IUD insertion.

# Program Overview

- This is a 1-2 rural training track program committed to academic excellence and preparing physicians to meet the demands of rural practice.
- Residents will spend one year in Seattle where they will get intense inpatient and emergency medicine training. They will then move to Chelan where they will spend the final two years of their training integrated into the rural site.
- Residents get the best of both worlds. The hands-on, real world experience you expect from a rural site as well as the academic resources and teaching expertise from the nation's #1 ranked University of Washington Department of Family Medicine.
- Residents learn to provide community based comprehensive care to medically under-served patients representative of the cultural, socio-economic and demographic diversity of North Central Washington.

# Accreditation

We are applying for accreditation at the October, 2017 ACGME Review Committee meeting. ERAS will be available once accreditation is granted.

# Who We Serve

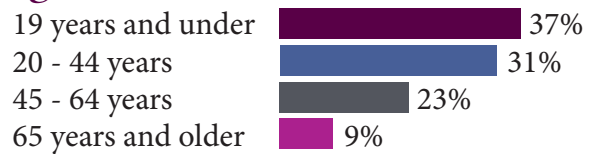
In 2016, **3,617** patients received care at CVCH in Chelan.  
 Total number of Migrant/Seasonal Workers: **1,300**  
 Patients best Served in language other than English: **1,436**  
 Total patient visits: **10,699**



## Insurance coverage



## Age



## Income by Federal Poverty Level



## Patient Diversity



# Curriculum

## Year 1

- Adult Inpatient Family Medicine
- FM Core Skills/Scholarship
- Critical Care Medicine
- OB
- Orthopedics/Sports Medicine
- Emergency Medicine
- Gynecology/Palliative Care
- Pediatric Inpatient
- Pediatric Emergency
- Adult Inpatient Medicine
- Emergency Medicine
- Obstetrics

## Years 2 & 3

The innovative PGY2/3 curriculum is completely longitudinal to maximize the diverse clinical experiences available in a rural community as well as provide independent, adult learners the opportunity to customize their learning experience. Throughout the course of the PGY2/3 years, learners will have exposure to the following rotations:

- General Surgery
- Addiction Medicine
- Geriatrics
- Emergency Medicine
- Obstetrics w/Surgical OB
- Adult Inpatient Medicine
- Orthopedics
- Health Management
- Behavioral Health
- Gynecology
- Pediatrics Inpatient/Outpatient
- Community Medicine
- Cardiology
- Neurology
- Dermatology/Scholarship
- Nephrology/Scholarship
- 2 months of electives each year

## Benefits

University of Washington (UW) offers a wide range of benefits as part of your total compensation package. Choose from top medical and dental insurance programs; plan for your future with tax-deferred investing through the UW retirement options; enjoy generous vacation and sick leave policies; and protect yourself and your family with life and long-term disability insurance. For more information, visit <http://hr.uw.edu/benefits/>.



## Faculty



Keri Bergeson, MD, is a board certified family physician and the Medical Director in Chelan. Originally from North Dakota, Dr. Bergeson received her medical degree and completed her residency at the University of Minnesota. It was during her residency training that she discovered her

passion for working with communities who face social, economic and health disparities. Keri's special interests are women's health, maternity care, mental health, preventative medicine and community engagement.



Jennifer Snyder, MD, is a family physician who came to CVCH after completing an obstetrics fellowship in Spokane in 2014. After completing an undergraduate degree in International Studies at the University of Washington, Snyder decided to attend medical school in Guadalajara, Mexico, where she was able to learn Spanish and

travel while completing a basic science curriculum. After completing her clinical rotations in New York, she returned to Yakima, WA to complete her residency training. Jennifer's special interests are maternity and newborn care.

## Our Mission

Training team-based physician leaders to provide access to improved health and wellness with compassion and respect for all.

## Learn More

For more information please email [rtt@cvch.org](mailto:rtt@cvch.org) or visit us online at [www.cvch.org/rtt](http://www.cvch.org/rtt)



## Our Community

### Welcome to Chelan

*Doing important work where others vacation*

- 300 days of sunshine • Four distinct seasons • Great local schools • Minimal commute and traffic • Low crime rate
- Renewable, affordable energy • Healthy tourism
- Agriculture and wine country

## Sports and Recreation

### The Water: Lake Chelan, Columbia River and Wenatchee River

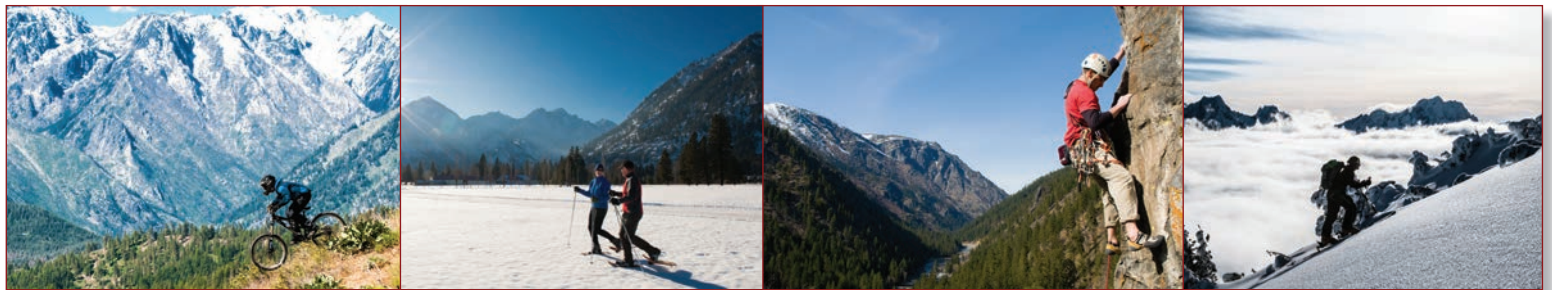
Boating • Canoeing • Kayaking • White Water Rafting • Water Skiing  
Stand-up Paddle Boarding • Tubing • Swimming • Wakeboarding • Fishing

### The Mountains: The Enchantments, the Foothills, National Forests

Stevens Pass Ski Resort • Mission Ridge Mountain Resort • Rock Climbing  
Hiking • Backpacking • Mountain Biking • Snow Skiing • Snowmobiling  
Snowshoeing • Horseback Riding • Camping



Photo Courtesy of Icicle TV



Photos Courtesy of Icicle TV

*“While Chelan is a certainly a small town, it has the energy of a bigger city during the summer months because of the tourism. I like the dynamic of quiet, small town living in the winter and the energy in the summer. It’s the best of both worlds. There are also abundant outdoor opportunities year round.” - Dr. Keri Bergeson*

## Activities

Town Toyota Center • Performing Arts Center • Icicle Creek Center for the Arts • Wenatchee Valley Symphony Orchestra • Winterfest Fire and Ice Festival • Skydive Chelan • Semi-pro Sports Teams: Baseball, Soccer, Football, Hockey and Roller Derby • Pybus Public Market and Farmers Markets • 39 local Wineries • Art on the Avenues • First Friday Art Walks Festivals • Fairs • Echo Ridge Nordic Ski and Hiking • Ohme Gardens Parks • Cinemas Rocky Reach Dam • Washington State Apple Blossom Festival • Foot, Bike and Trail Races • Half and Full Marathons • Triathlons • Rodeos • Music and so much more! Visit [www.lakechelan.com](http://www.lakechelan.com) to learn more.